



BFNC

Buffalo Federation of
Neighborhood Centers
NIAGARA COUNTY



Supporting
— our Youth —

COMMUNITY MENTAL HEALTH AWARENESS WEEKEND

MAY 20 & MAY 21, 2022

A Mental Health Awareness Weekend focused on elevating a Community Discussion and Call to Action to address the increasing Mental Health impact among Adolescents in Niagara Falls, NY.

The Community Care Weekend is a collaborative event hosted by the Buffalo Federation of Neighborhood Centers (BFNC) of Niagara County and Niagara Falls NY community partners in recognition of Mental Health Awareness Month.

Friday, May 20, 2022: *Film Screening "Fight for Good" and Youth Panel Discussion*

TIME: 6:00 pm – 8:00 pm

WHERE: The Doris Jones Resource Center Auditorium at the Niagara Falls Housing Authority 3001 9th St, Niagara Falls, NY 14305

DETAILS: The community is invited to view the award winning film, "Fight for Good" featuring the CHCB of Buffalo, Inc. and members of the Niagara Falls community. Film time – 22 minutes

- Short film screening
- The film screening will be followed by a youth panel discussion and refreshments.
- Community service and health vendors will be present to provide attendees with information about mental health wellness and Covid -19

Saturday, May 21, 2022: *A Community Mental Health Awareness Fair*

TIME: 12:00 pm (NOON) – 5:30 pm

WHERE: Legend Park, 1285 11th St, Niagara Falls, NY 14301

DETAILS: The community is invited to a day of family fun which includes remarks from mental health awareness advocates.

- Enjoy sporting activities, relaxing Yoga and Zumba exercises
- Visit the mental health wellness resource area
- Enjoy tasty treats and a complimentary lunch